

JOIN US TO LEARN HANDS-ONLY™ CPR - AND HAVE SOME FUN, TOO!



We'd like to invite you to attend a free 15-minute training on Hands-Only CPR. Not only will you learn a skill that can save lives, there will be music and fun for friends and family on-site.

Additionally, everyone who gets trained will take home a **free CPR Anytime Kit** to share this important life-saving information with loved ones. We hope to see you there!



**15-MINUTE TRAINING SESSIONS
TAKING PLACE
THROUGHOUT THE DAY**

 Heart.org/handsonlycpr

 Facebook.com/ahacpr

 YouTube.com/HandsOnlyCPR



American
Heart
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CPR & First Aid