

Since the beginning of the COVID-19 crisis, all of us have had to make difficult decisions about how we live our lives and help reduce the spread of the virus across our communities. With the holidays approaching, a time which we all look forward to spending with family and friends, we will again be faced with difficult decisions about doing our part to keep ourselves and our loved ones safe.

The City of Azusa is committed to public safety and keeping the community informed. Please continue to follow public health experts' recommendations to avoid spreading COVID-19 including frequent handwashing, wearing a face covering, keeping a safe distance from one another, and staying home if you are ill. For up-to-date Department of Public Health guidance, more information is available <a href="here">here</a>.

The City of Azusa is monitoring updates and sharing information about COVID-19 from trusted sources including the Centers for Disease Control and Prevention, Department of Public Health, and Los Angeles County Department of Public Health. Information regarding COVID-19 is changing frequently, and the City will seek to provide residents with the latest information and links to resources on our website. To stay informed, residents may also tune in to the City Manager Update provided at the beginning of each City Council meeting and/or follow the City on Facebook, Twitter and Instagram.

## Latest CDC Reporting:

A new <u>report from the Centers for Disease Control and Prevention</u> (CDC) states that masks not only protect the general public from COVID-19, but they also protect the mask wearer. In its strongest endorsement to date about the effectiveness of masks, the CDC stated "adopting universal masking policies can help avert future lockdowns, especially if combined with other non-pharmaceutical interventions such as social distancing, hand hygiene, and adequate ventilation".

Additional Resources:

Symptoms of Coronavirus CDC Guidelines on Travel

Latest Facts & Figures: Los Angeles County State of California United States

## Flu Immunizations:

Getting flu immunizations is especially important this year because a major flu outbreak during the COVID-19 pandemic would put an enormous strain on our already-impacted medical system. To find a flu immunization near you, call your doctor, your local pharmacy or go to <a href="https://www.vaccinefinder.org">www.vaccinefinder.org</a>. To find a flu immunization at low cost or free, call 2-1-1, visit a <a href="Los Angeles County Public Health Clinic">Los Angeles County Public Health Clinic</a>, or a Seasonal Outreach Clinic. More information is available <a href="https://www.beres.com/her